

2023



32nd EUROPEAN MEETING ON HYPERTENSION AND CARDIOVASCULAR PROTECTION

MILAN, JUNE 23-26, 2023

Allianz MiCo - Milan, Italy

HYBRID

www.esh2023.eu



European
Society of
Hypertension

TIMETABLE



TIMETABLE SATURDAY, JUNE 24

morning

3

All timings are expressed in CEST (Central European Summer Time Zone)

| | SILVER HALL | BLUE HALL | RED HALL 1 | RED HALL 2 | YELLOW HALL 1 | YELLOW HALL 2 | YELLOW HALL 3 | |
|-------|--|--|---|---|--|--|--|-------|
| 07.45 | | Breakfast Session IMPROVING HYPERTENSION TREATMENT AND CONTROL - THE ROLE OF PHARMACISTS | Breakfast Session TEAM BASED TREATMENT OF HYPERTENSION | Breakfast Session COVID-19 PANDEMIC - IMPLICATIONS FOR MANAGEMENT OF HYPERTENSIVE PATIENT | Breakfast Session MICROCIRCULATION AND INFLAMMATION | Breakfast Session HYPERTENSION IN CHILDREN AND ADOLESCENTS | Breakfast Session HYPERTENSION AND ATRIAL FIBRILLATION | 07.45 |
| 08.45 | | | | | | | | 08.45 |
| 09.00 | | Oral Session GENETICS | Oral Session ALDOSTERONISM AND ENDOCRINE HYPERTENSION | | | | | 09.00 |
| 09.15 | | | | | | | Minisymposium CHALLENGES AND OPPORTUNITIES IN HYPERTENSION MANAGEMENT <i>Supported by Sanofi</i> | 09.15 |
| 09.30 | Meet-the-Expert HOW TO PERFORM A HIGH-QUALITY META- ANALYSIS | | | Oral Session THERAPEUTIC INTERVENTIONS 1 | Minisymposium OPTIMISING ANTIHYPERTENSIVE TREATMENT: WHERE THE KEY LIES <i>Supported by Menarini Group</i> | Oral Session CARDIOVASCULAR RISK FACTORS 1 | | 09.30 |
| 10.00 | | | | | | | | 10.00 |
| 10.15 | | | | | | | | 10.15 |
| 10.30 | | Minisymposium AMBITIOUS GUIDELINES AND DAILY CLINICAL PRACTICE: HOW TO BRIDGE THE GAP? <i>Supported by Servier</i> | | | | | | 10.30 |
| 11.00 | Oral Session BIG DATA AND PRECISION MEDICINE | | | | | | | 11.00 |
| 11.15 | | | | | | | | 11.15 |
| 11.30 | | Topical Workshop HYPERTENSION AND OBESITY: A BIDIRECTIONAL LIAISON | Joint Session French Society of Hypertension, International Society of Hypertension and European Society of Hypertension HOW TO MANAGE COMMON, UNCOMMON AND VERY RARE SIDE EFFECTS OF ANTIHYPERTENSIVE TREATMENT | Minisymposium BEYOND THE DAYTIME: NIGHT-TIME BLOOD PRESSURE AND AFib. EXPLORING THEIR CRITICAL ROLE IN HYPERTENSION MANAGEMENT <i>Supported by Omron Healthcare Europe</i> | Minisymposium REAPPRAISING THE ROLE OF BETA- BLOCKERS ACROSS THE CARDIOVASCULAR CONTINUUM <i>Supported by Merck</i> | Late-Breakers ORAL SESSION 1 | Minisymposium PROOF TO PRACTICE - TREATING HYPERTENSION WITH uRDN <i>Supported by ReCor Medical</i> | 11.30 |
| 12.00 | | | | | | | | 12.00 |
| 12.15 | | | | | | | | 12.15 |
| 12.30 | BREAK - box lunches distribution (until 14.00) | | | | | | | 12.30 |



TIMETABLE SUNDAY, JUNE 25

morning **5**

All timings are expressed in CEST (Central European Summer Time Zone)

| | SILVER HALL | BLUE HALL | RED HALL 1 | RED HALL 2 | YELLOW HALL 1 | YELLOW HALL 2 | YELLOW HALL 3 | |
|-------|--|---|--|--|---|---|--|-------|
| 07.45 | | | | Breakfast Session EXPLORING THE LINKS BETWEEN HYPERTENSION AND POST-TRAUMATIC STRESS DISORDER (PTSD) | Breakfast Session TELEMEDICINE IN THE MANAGEMENT OF HYPERTENSION: NEW PERSPECTIVES AND CHALLENGES | Breakfast Session RECENT DRUG TRIALS IN RESISTANT HYPERTENSION | Breakfast Session HYPERTENSION AND PERIODONTITIS | 07.45 |
| 08.45 | | | | | | | | 08.45 |
| 09.00 | Topical Workshop CARDIOVASCULAR ONCOLOGY | Oral Session COVID 19 AND BLOOD PRESSURE | Oral Session SYMPATHETIC NERVOUS SYSTEM SODIUM INTAKE AND EXERCISE | Joint session ESH/Heart Failure Association (HFA) HYPERTENSION AND HFpEF, MECHANISMS AND PHENOTYPES | Hands-on NEW INSIGHTS ON ABPM DATA: HOW TO IMPROVE THE 24H BLOOD PRESSURE ASSESSMENT <i>Supported by SOMNOmedics</i> | | Oral Session KIDNEY 1 | 09.00 |
| 09.15 | | | | | | | | 09.15 |
| 10.00 | | | | | | | | |
| 10.15 | | | | | | Educational Session SGLT2 INHIBITORS AND RENAL PROTECTION – INTERPRETING THE LATEST GUIDANCE FOR PATIENTS WITH HYPERTENSION <i>Supported by an unrestricted educational grant by AstraZeneca</i> | | 10.15 |
| 10.30 | | Minisymposium USE OF RAAS BASED THERAPY IN HYPERTENSIVE PATIENTS OF DIFFERENT ETHNICITIES: WHERE ARE WE? <i>Supported by Servier</i> | Late-Breakers ORAL SESSION 2 | Topical Workshop CHALLENGES IN MANAGEMENT OF OLDER, FRAIL PATIENTS | Oral Session DIABETES AND HYPERTENSION | | | 10.30 |
| 11.00 | Topical Workshop DIAGNOSIS AND MANAGEMENT OF RENAL ARTERY STENOSIS | | | | | | Meet-the-Expert BLOOD PRESSURE VARIABILITY <i>in collaboration with the ESC Council on Hypertension</i> | 11.00 |
| 11.15 | | | | | | | | 11.15 |
| 11.30 | | Oral Session RESISTANT AND UNCONTROLLED HYPERTENSION 1 | How-to Session HOW CAN PHARMACIES HELP IN PRIMARY PREVENTION | Oral Session ADHERENCE TO TREATMENT | Minisymposium THE EXPANDING ROLE OF RADIOFREQUENCY RENAL DENERVATION TO ACHIEVE BP TARGETS <i>Supported by Medtronic</i> | | | 11.30 |
| 12.00 | | | | | | | | 12.00 |
| 12.30 | BREAK - box lunches distribution (until 14.00) | | | | | | ESH GENERAL ASSEMBLY | 12.30 |



TIMETABLE MONDAY, JUNE 26

morning **7**

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| | SILVER HALL | BLUE HALL | RED HALL 1 | RED HALL 2 | YELLOW HALL 1 | YELLOW HALL 2 | YELLOW HALL 3 | |
|-------|---|--|---|--|--|--|--|-------|
| 07.45 | | | | Breakfast Session PERIOPERATIVE HYPERTENSION | Breakfast Session HYPERTENSION AND LOWER EXTREMITY ARTERIAL DISEASE | Breakfast Session OBSTRUCTIVE SLEEP APNEA SYNDROME AND HYPERTENSION: DOUBTS AND TRUTHS | Breakfast Session PROBLEMS IN BLOOD PRESSURE CONTROL | 07.45 |
| 08.45 | | | | | | | | 08.45 |
| 09.00 | | Oral Session CARDIOVASCULAR RISK FACTORS 2 | Oral Session KIDNEY 2 | | Oral Session HYPERTENSION AND ONCOLOGY | Oral Session LIFESTYLE CHANGES AND URIC ACID | Oral Session BLOOD PRESSURE MEASUREMENT 2 | 09.00 |
| 09.30 | Topical Workshop NEW APPROACHES TO BLOOD PRESSURE MONITORING | | | Joint Session ESH-ERA | | | | 09.30 |
| 10.00 | | | | | | | | 10.00 |
| 10.15 | | Meet-the-Expert INFLAMMATION, IMMUNITY AND VASCULAR DAMAGE | How-to Session HOW TO ASSESS AND TREAT HYPERTENSIVE ADOLESCENTS | | Clinical Cases Session | | | 10.15 |
| 11.00 | | | | | | | | 11.00 |
| 11.15 | | | | | | | | 11.15 |
| 11.30 | Plenary Session 3 ESH 2023 GUIDELINES. SPECIFIC CONDITIONS | | | | | | | 11.30 |
| 13.00 | BREAK - box lunches distribution (until 14.00) | | | | | | | 13.00 |
| 13.15 | | Teaching Seminar - Session 3 NOVELTIES IN THE DIAGNOSIS AND MANAGEMENT OF ENDOCRINE HYPERTENSION | | | Oral Session RESISTANT AND UNCONTROLLED HYPERTENSION 2 | Oral Session THERAPEUTIC INTERVENTIONS 3 | Late-Breakers SESSION 3 | 13.15 |
| 13.30 | Topical Workshop RESISTANT HYPERTENSION | | Topical Workshop TOWARD IMPROVE RISK STRATIFICATION IN HYPERTENSIVE PATIENTS | | | | | 13.30 |
| 14.15 | | | | | | | | 14.15 |
| 14.30 | | | | | | | | 14.30 |
| 14.45 | | | | | | | | 14.45 |
| | 13.30 -15.00 EPOSTER'S SESSIONS | | | | | | | |