

2023



SCIENTIFIC COMMITTEE

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MANUFACTURERS PARTICIPATING IN THE MEETING

Omron Healthcare
SOMNOmedics

ACKNOWLEDGEMENTS



32nd EUROPEAN MEETING ON HYPERTENSION AND CARDIOVASCULAR PROTECTION

MILAN, JUNE 23-26, 2023

Allianz MiCo - Milan, Italy



HYBRID

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INVESTIGATOR INITIATED SATELLITE SYMPOSIUM

NOCTURNAL BLOOD PRESSURE: METHODOLOGICAL ASPECTS, PATHOPHYSIOLOGICAL MECHANISMS AND CLINICAL IMPLICATIONS

THURSDAY
JUNE 22ND, 2023

CONFERENCE ROOM, 8TH FLOOR
SAN LUCA HOSPITAL
PIAZZALE BRESCIA 20, MILAN, ITALY



SCIENTIFIC PROGRAMME

09:00 WELCOME ADDRESS <i>G. Parati</i>	11:30 New technologies: wearables and multiparametric sleep monitoring <i>A. Avolio</i>	15:15 Relationship with metabolic and endocrine disorders <i>G. Maiolino</i>
09:15 INTRODUCTORY LECTURE <i>Chairpersons: G. Parati</i> What is the place of nocturnal hypertension in the guidelines? <i>G. Mancia</i>	11:45 DISCUSSION	15:30 DISCUSSION
09:40-10:40 SESSION 1 Mechanisms of Nocturnal Blood Pressure Regulation <i>Chairpersons: K. Kario, G. Mancia</i>	12:00-13:30 SESSION 3 Nocturnal Hypertension and Non-Dipping: Clinical Implications <i>Chairpersons: P. Palatini, P. Verdecchia</i>	15:45-17:15 SESSION 5 Therapies for Nocturnal Hypertension <i>Chairpersons: M. Pengo, G.S. Stergiou</i>
09:40 Autonomic nervous system <i>K. Narkiewicz</i>	12:00 Implications for hypertension diagnosis (masked hypertension) <i>G. Bilo</i>	15:45 Pharmacological antihypertensive treatment: role for chronotherapy? <i>A. Kollias</i>
09:55 Role of sleep and circadian rhythms <i>M. Pengo</i>	12:15 Relationship with organ damage <i>S. Hoshida</i>	16:00 Renal Denervation <i>M. Azizi</i>
10:10 Molecular and Genetic Factors <i>A. Silvani</i>	12:30 Relationship with cardiovascular outcomes <i>T. Ohkubo</i>	16:15 Improving sleep quality and duration <i>F. Cappuccio</i>
10:25 Sodium handling, RAAS and Renal factors <i>M. Burnier</i>	12:45 Increase in nocturnal BP levels or Non-dipping <i>P. Verdecchia</i>	16:30 Removing sleep apneas to reduce nocturnal BP <i>C. Fava</i>
10:40 DISCUSSION	13:00 DISCUSSION	16:45 DISCUSSION
11:00-12:00 SESSION 2 How to Assess Nocturnal Blood Pressure <i>Chairpersons: G. Parati, A. Schutte</i>	13:30-14:30 LIGHT LUNCH	17:05-17:30 PANEL DISCUSSION Future Directions in Nocturnal Blood Pressure Research
11:00 Home or Ambulatory BP monitoring? <i>G.S. Stergiou</i>	14:30-16:00 SESSION 4 Nocturnal hypertension and non-dipping: Special Populations <i>Chairpersons: J.L. Pepin, A. De La Sierra</i>	ALL PARTICIPANTS (Perspectives for a clinical pragmatic trial and a review article) <i>Chairpersons: G. Parati, P. Palatini, G.S. Stergiou, A. De La Sierra</i>
11:15 Conventional approach: strengths and limitations of discontinuous 24-hour ABPM <i>T.L. Bothe</i>	14:30 Neurological disorders <i>S. Maule</i>	17:30 CLOSING REMARKS <i>G. Parati</i>
	14:45 Patients with sleep disorders <i>J.L. Pepin</i>	
	15:00 Relationship with renal disorders <i>P. Sarafidis</i>	